



# Team Member Volunteerism



## What We Are:

Augusta Well Together believes volunteering is beneficial to a person’s health and well-being, reducing stress, improving mood, and providing a sense of purpose. Current opportunities to give back to your community and earn wellness points are listed below. Please email the contact person if you want to volunteer your time. Points will be awarded after the event has concluded.

## Current Events:

Event	Date, Time & Location	Contact Person	Points Value	Notes
Food Pantry	Mondays @ 8a - 4p Tuesdays @ 12p - 4p Thursdays @ 8a - 4p	Abby Calvert <a href="mailto:amcalvert@augustahealth.com">amcalvert@augustahealth.com</a>	500 points (2 hour shifts)  1000 points (4 hour shifts)	You can choose 4 hour time slots (preferred) or 2 hour time slots (less preferred) to volunteer. Volunteers will be checking patients/community members in & restocking the food pantry when needed.
Volunteer at the AH Farm	Every other Tuesday beginning April 9  10am - 12pm or 4pm - 6pm	Hannah Dorrel <a href="mailto:hdorrel@augustahealth.com">hdorrel@augustahealth.com</a>	500 Points	Please wear closed-toed shoes and garden appropriate clothing.  <a href="#">Click here to sign up</a>

Event	Date, Time & Location	Contact Person	Points Value	Notes
Food Box Delivery	April 16	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Food Box Delivery	April 30	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Food Box Delivery	May 14	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Food Box Delivery	May 28	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Shenandoah House Gardening	May 14 3:30p - 5:30p	Lori Showalter <a href="mailto:showalter@augustahealth.com">showalter@augustahealth.com</a>	500	Meet on back patio of Shenandoah House. Bring garden gloves, sunscreen and water bottle.
Shenandoah House Gardening	May 22 7am - 9am	Lori Showalter <a href="mailto:showalter@augustahealth.com">showalter@augustahealth.com</a>	500	Meet on back patio of Shenandoah House. Bring garden gloves, sunscreen and water bottle.
Food Box Delivery	June 11	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.
Shenandoah House Gardening	June 11 3:30p - 5:30p	Lori Showalter <a href="mailto:showalter@augustahealth.com">showalter@augustahealth.com</a>	500	Meet on back patio of Shenandoah House. Bring garden gloves, sunscreen and water bottle.
Shenandoah House Gardening	June 13 7am - 9am	Lori Showalter <a href="mailto:showalter@augustahealth.com">showalter@augustahealth.com</a>	500	Meet on back patio of Shenandoah House. Bring garden gloves, sunscreen and water bottle.
Food Box Delivery	June 25	Catherine Hill <a href="mailto:chill@augustahealth.com">chill@augustahealth.com</a>	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1/1.5 hr.