

A close-up photograph of a person wearing a blue t-shirt with the word "VOLUNTEER" printed in large, white, capital letters. The person is wearing white gloves and is holding a small, clear plastic container, possibly a syringe or a small bottle, with both hands. The background is slightly blurred, showing other people in similar blue shirts.

Team Member Volunteerism

What We Are:

Augusta Well Together believes volunteering is beneficial to a person's health and well-being, reducing stress, improving mood, and providing a sense of purpose. Current opportunities to give back to your community and earn wellness points are listed below. Please email the contact person if you want to volunteer your time.

Email welltogether@augustahealth.com to receive your volunteer points. Limit 1000 points per quarter.

Current Events:

Event	Date, Time & Location	Contact Person	Points Value	Notes
Food Pantry	Mondays @ 8a - 4p Tuesdays @ 12p - 4p Thursdays @ 8a - 4p	Abby Calvert amcalvert@augustahealth.com	500 points (2 hour shifts) 1000 points (4 hour shifts)	You can choose 4 hour time slots (preferred) or 2 hour time slots (less preferred) to volunteer. Volunteers will be checking patients/community members in & restocking the food pantry when needed.
Crops to Community: Food Box Delivery	Every Other Tuesday Contact Catherine for Date and Time	Catherine Hill chill@augustahealth.com	500	Pick-up food boxes around 9:30/10a at ACC. Deliveries unless take around 1 hr.
The Farm at Augusta Health	Monday - Friday 8:00a-12:00p	Justin Grant justin.grant@rodaleinstitute.org	500 points (2 hour shifts) 1000 points (4 hour shifts)	Wear comfortable clothes, bring a water bottle-and bring gloves
Employee Wellness Fair	Wednesday September 30 th 10:00a-2:00p	Chalona Tomlin at cktomlin@augustahealth.com	500 points (2 hour shifts) 1000 points (4 hour shifts)	Help participant complete the registration for blood pressure checks, lifestyle modification education for cardiac health, chest pain awareness.