

Family Swim Policy  
Updated: August 2023

**Policies:**

- Family Swim will be held in the Augusta Health Fitness Pool on Sundays from 1:00pm – 4:00pm.
- Family swim is available for member’s spouses, children, and grandchildren only. Other guests are not permitted.
- Children must be pre-registered at the front desk by filling out a Child Facility Agreement Form.
- Flotation devices are allowed if they are Red Cross approved. Water wings and puddle jumpers are prohibited.
- Diapers are not permitted in the pool. Please use special swimming diapers only. Diapers must fit snugly on legs and waist.

AGES	FITNESS POOL	SPA	THERAPY POOL
<b>Newborn – 5 Months:</b>	No access to the fitness pool	No access	No access
<b>6 Months – 7 Years Old:</b>	Parent must be in the water with their child if the child cannot swim.  If the child can swim the parent must have direct visual contact and be within close proximity of the child.	No access	No access
<b>8 Years – 15 Years Old</b>	<i>*A swim assessment by an Augusta Health Certified Lifeguards is required to utilize the deep end of the pool for those 8 to 12 years old*</i>	<i>*A swim assessment by an Augusta Health Certified Lifeguards is required to enter the spa for those 8 to 12 years old*</i>	No access
<b>16-17 Years Old</b>	No parental supervision needed.		No access

***\* To schedule a swim assessment, please contact the Front Desk or Membership at 540-332-5433 \****