		edicine or are having any problems 3lue Ridge Poison Center for help. ay, every single day, and they will tell	Medicine mistakes; such as taking the gerous. If you make a mistake with me with your medicine, you can call the E Experts are standing by 24 hours a da You exactly what to do. The call is free
			NEED HEFЬS
			To download free copies of this pocke www.augustahealth.com/service/medic
OTHER HEALTH CARE PROVIDERS & PHONE #'s: MY FAMILY DOCTOR PROVIDERS & PHONE #'s:		 Fold on dotted lines. Take the card with you every time you go to a clinic, hospital, or visit and health care provider (HCP). Show the card to your HCP so they can help you avoid problems. 	
			HOM TO USE THIS CARD
ALLERGIES OR PROBLEMS WITH MEDICINES:		John Doe My NAME	
NAME OF MEDICINE	WHAT HAPPENS WHEN I USE IT	MY PHONE #	Personal Medicine List
NAME OF MEDICINE	WHAT HAPPENS WHEN I USE IT	EMERGENCY CONTACT	Keep in your wallet! Carrying a list of all the medicines you take may save your life.
NAME OF MEDICINE	WHAT HAPPENS WHEN I USE IT	EMERGENCY CONTACT PHONE #	
OTHER ALLERGIES (FOOD, PET, ETC.):		PHARMACY PHONE #	Take a photo of this list to keep on your phone!
		1-800-222-1222 BLUE RIDGE POISON CENTER #	

Medicine Name/ Dose (Example: Simvastatin 20mg)	How much I take / when I take it. (Example: one tablet at bedtime)	What I take it for. (Example: Cholesterol)	Special instructions (Example: Check cholesterol level yearly)	
			(
Card last updated:				