

Diabetes & Nutrition

November 2025

Who We Are

We are committed to helping patients live well as they manage their diabetes & nutrition:

- Caroline Hackley, M.Ed., RDN, CDCES
- Rebecca Loflin RN,BSN, CDCES
- Lemma Brown MS, RDN
- Linda Peters, Administrative Assistant
- Samara Small, Administrative Assistant

| Services | Description | Date, Time, & Location |
|---|--|--|
| Diabetes Self - Management Workshop Series (referral required) | Training on how to manage your diabetes in a supportive group setting. | November 3rd from 9am-11am November 10th from 9am-11am Endocrinology Conference Room |
| Diabetes Support Group (No Cost) | Meet with others to give and receive support in managing diabetes. | November 11th from 4pm-5pm in the Endocrinology Conference Room. Call to register. |
| Diabetes Prevention Class Single one-time class (No cost) | Learn the basics of diet and activity to reduce your risk for Type 2 Diabetes. | November 25th from 9am-10:30am Endocrinology Conference Room Call Office to sign up. |

World Diabetes Day
November 14th



Pre-registration is required for all classes to update patients on any changes.

Please call (540) 213-2537



DIABETES SUPPORT GROUP

Your Health, Our Priority !

Join the support group that meets the second Tuesday of each month from 4:00pm to 5:00pm in the Endocrinology Conference room. Led by a Certified Diabetes Care and Education Specialist (CDCES), the goal of the support group is to empower you to manage your diabetes



Call to sign up
540-213-2537

Augusta
Health