

The Farm at Augusta Health



Together, We're Growing a Healthier Community

At Augusta Health, we know that health begins long before a patient enters a hospital or clinic. It starts with access to fresh, nutritious food. That's why **The Farm at Augusta Health** is more than just a garden — it's a healing space that brings food, education, and dignity to our neighbors.

Our Mission

To grow nutrient-dense food to provide access to and education about healthy, sustainable living for all our communities.

The Need is Urgent

Food insecurity affects approximately **15,724** people in our region. Barriers like income, transportation, and chronic illness prevent many from accessing fresh, healthy food. These challenges overwhelmingly impact our most vulnerable and medically underserved communities.

“People disproportionately impacted by food insecurity include, but are not limited to, children, many communities of color, households with low incomes, immigrant communities, LGBTQ+ individuals, people with disabilities, people in certain geographies (e.g., rural areas, cities, the South), people who are formerly incarcerated, and single-parent households.”

—FEEDING AMERICA



The Farm in Action

Through your support, we've built innovative, patient-centered programs that deliver real impact:

- **Crops to Community Fresh Food Boxes.** Fresh produce, eggs, and meat delivered to homebound patients every two weeks.
- **Home Health & Hospice Produce Bags.** Nourishment delivered directly by nurses to home care and hospice patients every two weeks.
- **Food Pantry.** Nutritious food for patients managing chronic diseases or food insecurity.
- **Blue Ridge Café.** Farm produce is featured in the hospital café — promoting local, seasonal eating.
- **Food FARMacy.** A 16-week “prescription” program combining fresh produce, cooking classes, and nutrition education.
- **Produce Sales.** Fruits and vegetables are seasonally offered through a farmers market geared toward WIC participants and a weekly farm stand.



“This fresh food helps me eat healthier and stretch my food budget.”

— FOOD FARMACY PARTICIPANT

Our Collective Impact

Thanks to donors like you, we’ve made meaningful strides:

Since Inception in 2017

-  **165,000+ pounds** of food grown and distributed
-  **56 varieties** of fruits and vegetables
-  **475+** classes and events reaching over **21,000 people**

Food FARMacy participant outcomes

-  **45%** Lowered their A1C
-  **53%** Lowered their blood pressure
-  **96%** Improved their self-care strategies
-  **62%** increased their fruit and vegetable intake

“We rarely left the house while caring for my grandmother and brother on hospice. The produce bags were a godsend. I never knew I liked cilantro until your program. Now I use it all the time!”

— HOSPICE CAREGIVER

You Can Make a Difference

Your gift helps meet urgent needs and plan for a more sustainable future. Here’s how you can help:

Special Projects

These items will maximize efficiency to grow larger quantities of produce for distribution into the food system.

- Upgrade and renovate dairy barn to create wash and pack stations, enhanced produce refrigeration and storage – **\$400,000**
- Install solar panels to power farm operations – **\$40,000**
- Automate high tunnel and greenhouse irrigation and circulation systems – **\$30,000**

Operational Support

These items are vital for producing fresh foods and used daily on the Farm. Because of that, they often need replacement.

- Soil & Nutrients – **\$3,000**
- Irrigation & Supplies – **\$2,000**
- Garden Tools & Equipment – **\$1,500**
- Packaging for Deliveries – **\$1,000**
- Educational Materials for Internal Medicine Resident Rotations – **\$500**

Let's Grow This Together

Your generosity is the seed from which health and hope can grow. With your help, The Farm at Augusta Health will continue to nourish bodies, lift spirits, and transform lives.

To make a gift or learn more, please contact:

Augusta Health Foundation
540-332-5174
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Every dollar donated goes directly to the initiative you choose.

Augusta Health covers all administrative expenses of Augusta Health Foundation, ensuring your gifts will directly benefit patients.



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