

Diabetes & Nutrition

May 2026



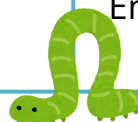
Who We Are

We are committed to helping patients live well as they manage their diabetes & nutrition.

- Caroline Hackley, M.Ed., RDN, CDCES
- Rebecca Loflin RN, BSN, CDCES
- Lemma Brown MS, RDN
- Linda Peters, Administrative Assistant
- Samara Small, Administrative Assistant



Services	Description	Date, Time, & Location
Diabetes Self-Management Workshop Series (Referral Required)	Training on how to manage diabetes in a supportive group setting.	May 4th 9 am- 11 am and May 11th 9 am-11 am Endocrinology Conference Room
Diabetes Support Group (No Referral Required)	Meet with others to give and receive support in managing diabetes. (Team members, receive wellable points for attending)	May 12th 4 pm- 5 pm Endocrinology Conference Room
Annual Review (Referral Required)	A class setting for a follow-up after initial diabetes self-management training.	May 18th 10 am- 11 am Endocrinology Conference Room
Diabetes Prevention Class (Referral Required)	Learn the basics of diet and activity to reduce your risk for Type 2 diabetes.	May 26th 9 am- 10:30 am Endocrinology Conference Room



Please pre-register for all classes to update patients on any changes.

Please call (540) 213-2537